

## ANANDA VEDIKA

### (Happiness Curriculum Initiative)

#### **I. Objective of the initiative Happiness Curriculum:**

1. To provide caring and stimulating environment in which children feel safe, secure, confident and happy
2. To create good relationships between students and teachers, home and school
3. To help children realise their full potential by building their self-esteem and sense of achievement.
4. To develop skills and attitudes that promote lifelong learning
5. To provide high quality experiential learning that enables children to achieve high standards for all round development.
6. To provide equal opportunities for all children
7. To monitor and evaluate our own practices for continuous improvement of our own standards.

#### **Key features of the “Ananda Vedika” programme**

1. In this programme students experience values, skills through stories, activities and expressions in a week. The behavioural transformation through these components brings in true happiness from within.
2. The initiative aims at true and long lasting happiness from within than momentary happiness through materialistic things/feelings/events.

#### **II. Role of the Institute Heads:**

1. Ensure that all the teachers in the school are oriented on AV programme.
2. Ensure the conduct of A.V class every day as per the timelines given in the time table
3. Ensure the effective conduct of classes as per the guidelines given in the A.V Teachers’ Handbook
4. Conduct **Ananda Dinotsavam** 5 times in a year, as per the guidelines given in the A.V Teachers’ Handbook

5. Ensure one teacher who is trained directly by the DRPs will act as **AVSC** (Ananda Vedika School Coordinator)
6. Ensure AVSC will coordinate with the other teachers in the school and share his training inputs with others. He also shares the best practices he came across to his colleagues.
7. Ensure AVSC assists school H.M in organizing **Ananda Dinotsavam**