Welcome
Glad you're here!
TOPIC
WELLNESS MANAGEMENT

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Organization:

Definition

Organization Structure

Management
LIFE CYCLE
Life Style Wheel Balanced

1. Spiritual
2. Physical
3. Spouse
4. Parent
5. Financial
6. Profession
7. Social
8. Intellectual
Good Attitudes
Purpose
Passion
Planning
Practice
Perfection
Avoid Things

Ego
Shy
Jealousy
Conflict
thank you!