PERSONALITY DEVELOPMENT

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Ideas are the currency of the 21st century.
Spreading your ideas in the 21st century requires a 21st century model of communication.
It's a multimedia generation.

We communicate in photos, videos and 140 character tweets.
PERSONAL DEVELOPMENT MEANING

Abraham Maslow’s need Theory  Steps to Personal Development  Benefits of Personal Development

Self-actualization
Self esteem
Love and Affection
Safety and Security
Physiological needs

1. Self-awareness
2. Clear sense of direction
3. Focused and more effective
4. Right motivation
5. Strength to face life’s challenges
6. Fulfilling Relationships

Make a decision
Read wide
Time Management
Set goals
Build good Communication Skills
Carry out an appraisal of your Skills
Overcome barriers to Learning
Be a good team player
Develop a professional CV

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FACTORS THAT AFFECT PERSONALITY DEVELOPMENT

Positive Factors

- Loving Environment
- Not judging others
- Understand strengths and weaknesses
- Seek knowledge
- Accept responsibility for faults
- Be good and active listeners
- Take a stand
- Have definite goals in life
- Take interest in the life of others

Negative Factors

- Family Background
- Bad Parenting
- Peer influences
- Negative Experiences
- Inferiority complex

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PERSONALITY DEVELOPMENT ACTIVITIES

INNER PERSONALITY:
- CONFIDENCE
- POSITIVE THOUGHTS
- BELIEFS
- OBSERVANT

OUTER PERSONALITY:
- FINISHING
- GROOMING
- DRESSING SENSE
- WALKING STYLE
- POSITIVE BODY LANGUAGE
- KEEPING EYE CONTACT
- COMMUNICATION SKILL

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Tips for personality development

- Develop And Follow Your Goals
- Maintain A Positive Outlook To Life
- Create Your Future
- Be Focused In Life
- Involve Your Parents In Your Life
- Develop Good Habits
- Make Positive Affirmations
- Surround Yourself With Positive People
Dreams

is not what you see in sleep

is the thing which doesn’t let you sleep

- A. P. J. Abdul Kalam
You cannot inspire others with your ideas unless you're inspired yourself.
Ask yourself,

“What makes my heart sing?”
Passion is the thing that will help you create the highest expression of your talent.

LARRY SMITH
TEDx, 2011
Our brains are trained to look for something brilliant and new, something that stands out, something that looks delicious.

Dr. A. K Pradeep
Author, The Buying Brain
IF RUNNING IS DIFFICULT, RUN MORE.

THIS LESSON APPLIES TO ANYTHING.
What Kind of Mindset Do You Have?

**Growth Mindset**
- I can learn anything I want to.
- When I'm frustrated, I persevere.
- I want to challenge myself.
- When I fail, I learn.
- Tell me I try hard.
- If you succeed, I'm inspired.
- My effort and attitude determine everything.

**Fixed Mindset**
- I'm either good at it, or I'm not.
- When I'm frustrated, I give up.
- I don't like to be challenged.
- When I fail, I'm no good.
- Tell me I'm smart.
- If you succeed, I feel threatened.
- My abilities determine everything.
The highest education is that which does not merely give us information but makes our life in harmony with all existence.

— Rabindranath Tagore
1. Listen
2. Think
3. Speak
Scientists have produced a mountain of evidence showing that concepts presented as pictures instead of words are more likely to be remembered.
If you hear information delivered verbally, you will remember 10% of the information.
If you hear information delivered verbally, you will remember 10% of the information. Add a picture and retention soars to 65%.
A car that can drive itself is going to change how and where we all live and work.
Write to be understood, speak to be heard, READ TO GROW.

— Lawrence Clark Powell

VeryBestQuotes.com
All birds find shelter during a rain. But Eagle avoids rain by flying above the Clouds.

Problems are common, but attitude makes the difference!

Do Share these Golden Words...  
#Respect
Six ethics of life
Before you Pray - Believe
Before you speak - Listen
Before you spend - Earn
Before you write - Think
Before you Quit - try
Before you Die - Live.
You're not rich until you have something that money can't buy.
Thousands of people work long hard hours
At jobs they don't like
to enable them to buy things

they don't need
to impress people

they don't like
Do you really want this?
you should know what you get into
when you accept a job offer
If you don't design your life,
someone else will do it for you.
What can you do to promote world peace? Go home and love your family.”

— Mother Teresa
MEET NEW PEOPLE
and don't forget to adopt a healthy diet
get some books

to expand your horizon
You've got one lifetime on this planet to make your mark. You need every minute of that time and every brain and heart cell focused on your path.
Manners

Match the question with the correct response

1. What should you say if you walk in front of someone?
   - Are You Ok?
   - I'm Sorry!

2. Letting someone use something you are using is called?
   - Respect

3. When you ask for something you say?
   - Nice to Meet You!

4. When you receive something you say?
   - Thank You!

5. When you receive a gift you send a what?
   - Please!

6. If your parents ask you to do something, you show them what?
   - Thank You Card

7. If you make someone else upset or sad, you say?
   - Sharing!

8. If someone is having a bad day and you see them upset, you ask?
   - Excuse Me!
Arise, awake, stop not until your goal is achieved.

— Swami Vivekananda