

BIO – DATA

Name : **Dr. T.D. Vimala**

Qualifications : M.A. (Psychology), M.Sc. (Guidance & Counseling), M.Phil., Ph.D.,

Occupation : **Psychologist, Acharya Nagarjuna University**
(Principal (Retd.), Govt. Degree College, Kothagudem)

Experience : 30 years in Psychology Teaching

Award : A.P.State Meritorious Teacher Awardee 2007

Chairperson : U.G. Psychology Board of Studies,
Acharya Nagarjuna University

Member : P.G. Psychology Board of Studies,
(Distance Education – ANU)

Faculty : M.Sc. Psychology, (Theory & Practicals),
Mahatma Gandhi College Study Centre,
ANU, Guntur

Academic Counselor and Evaluator,
Psychology (Theory, Practicals, Project Work
And Internship),
IGNOU Study Centre, Vijayawada

Research supervisor for M.Phil. Psychology,
Mother Teresa University Distance Education

UGC Programs :

- Organized a UGC – sponsored National Seminar on Issues and Implications of Stress on Human Wellbeing in 2006.
- Organized a UGC – sponsored Workshop on Capacity Building of Women Managers in Higher Education in 2010.
- Completed a UGC – sponsored Minor Research Project on Psycho-Social Problems of Adolescent Girls in 2008.
- Participated in UGC – sponsored Capacity Building of Women Managers in Higher Education-Management Skills Enhancement Manual in Kurukshetra University, Haryana in 2012.
- Resource Person to UGC – sponsored Capacity Building of Women Managers in Higher Education Workshops.
- Resource Person to training programs in Navodaya Leadership Institute, Guntur; District Training Centre, Guntur, and other local Colleges and Institutions.
- Published 3 books (2 for Telugu Academy, Hyderabad, and 1 for Sonali Publications, New Delhi).
- Participated and presented papers in more than 25 UGC sponsored National Seminars and 5 International Seminars.

ADMINISTRATIVE ROLES AT GDC FOR WOMEN, GUNTUR

1. “Coordinator” for EAMCET, ICET counseling, Helpline Centre, Govt. College for Women, Guntur from 2008 to 2012.
2. Acted in various positions i.e. Teacher Associate, Strong Room incharge and Valuation Officer during the Degree Sport Valuation of Acharya Nagarjuna University from 1996 to 2012.
3. Actively participated in the capacity of NAAC Core Committee Member during the two NAAC Accreditations (2004 & 2010) of the College.
4. As “Autonomy Coordinator” prepared the Autonomy report of the college and took a major role in Autonomy Committee visit in 2011.
5. Selected as BEI (Behaviour Event Interview) expert for selection of candidates as Assistant Project Officers & Coordinators for “Velugu Project” of Andhra Pradesh. Conducted interviews nearly three months in Guntur and Prakasam districts for 3 consecutive years.

As Principal Government Degree College, Kothaguem (2012-13)
Academic year.

- I. The new practices initiated -
 1. Conducting student assembly with all the staff members present on every Thursday at 9.30 AM to have a face to face interaction of all students and the staff of all disciplines.
 2. Presentation of Peer messages in the assembly.
 3. Career guidance through Gardner Multiple Intelligence Test.
 4. Establishment of PAN (Peer Association Networks) to improve student attendance.
- II. Organized a state level 3 day workshop in Physics with the assistance of DST (Dept. of Science & Technology).
- III. SSR cycle II is prepared and submitted for NAAC reaccreditations.
- IV. Autonomy Report of Government Degree College, Kothagudem prepared.
- V. Applied for 3 UGC National Seminars (First time in Government Degree College, Kothaguem) and all sanctioned.
- VI. IGNOU Study Centre established in the College.
- VII. Various tours and activities like Diabetes day, Consumer day, guest lectures and projects were conducted under the guidance of the Principal.

Experience in Women related Activities.

- M.Phil thesis – Job satisfaction, Anxiety and role of women in different professions.
- Research guide to M.Phil students of Mother Theresa Women University, Kodaikanal (5 awarded).
- Adviser, women Development Cell, Government Degree College for Women, Guntur.
- UGC Minor research project completed in 2008 on Psycho-social problems of girls in Degree Colleges.
- Women empowerment lectures delivered in B.H.H. Girls College, (2010, 11, 12), T.J.P.S. College, (2012), and Government Junior College for Girls, Guntur (2009, 10, 11).
- UGC sponsored 5 day workshop on “Capacity Building of Women Managers in Higher Education” was organized to college teachers of Higher Education in Jan 2010 at Government Degree College for Women, Guntur.
- Resource person in the 5 day capacity Building of Women in Higher Education workshops conducted in various places –
 - ❖ Government Degree College for Women, Begumpeta, Hyderabad.
 - ❖ Kakatiya University, Warangal.
 - ❖ Womens’ College, Kakinada.
 - ❖ Padmavathi Mahila University, Tirupathi
 - ❖ Govt. Degree College for Women, Guntur
 - ❖ Singareni Calories Womens’ College, Kothagudem.
- Participated in the “Capacity Building of Women Managers in Higher Education” MSEM workshop at Kurukshetra University (5 days) in 2012 on Team building and Stress Management.
- A UGC National Seminar applied on “Capacity Building of Girls” is sanctioned at Govt. Degree College, Kothagudem.

The important Training Programmes Expertised. (3/5 days)

1. Personality Development to face the Global world.
2. Emotional Intelligence.
3. Stress Management
4. 4H targeting Life Skill Training.
5. Personal Effectiveness Training.
6. Parent Effectiveness training.
7. Capacity Building of Women.
8. Employability personality traits.
9. Academic Skills
10. Guidance & Counseling (Individual and Group Activities)
11. The gist of “7 Habits of Highly Effective People” by Stephen B.Covey.

Contact:

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GUNTUR – 522 006.**

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