

Dr. Sheela Karalam.B:

Dr Sheela Karlam is working as District Medical Officer Indian Systems of Medicine, Kerala.

She is BAMS Qualified and MD Dravyagunavijnanam, She has started her service as Medical Officer in ISM Dept 1990. She has 30 years experience as clinician among these 20 years industrial R&D experience in Oushadhi as Special Officer (R&D) on deputation. She is trained in Quality assurance at PLIM Gaziabad , Clinical Research, NABL certification at CETE Bangalore, Trans-disciplinary research at FRLHT, Bangalore, Trained in Integration of centrally-state sponsored schemes at KILA, Thrissur.

She is Member –Training Need Analysis programme at IMG, Thiruvananthapuram, Vice President- AMAI Research Foundation, Biological Scientist in IEC of National Research Institute for Panchakarma, Cheruthuruthi and St. James Academy for Pharmaceuticals, Chalakkudy etc.

She worked as Chief-Co-ordinator : R&D Project(funded by AYUSH), CCRAS and RCH Projects, Principal Investigator : Chikun Guniya documentation Programme in Thrissur district (NRHM), Developed a project on Centre of excellence for Geriatric Care and submitted to Ayush etc.

She has received “Saaktheyam Award” for Best Researcher in ISM department, “Clean Office Award” of Suchitwa Mission, Kannur.

She has Paper Presentations in Various National and International seminars/work shops related with Pharmaceutical Sciences Hospital Waste Management and Medicinal Plants.