DOMESTIC VOILENCE
Subhashini Polisetti - Legal Volunteer
subhashini1117@gmail.com
Mobile 9966369336
What is domestic violence?

- Domestic violence is often known as physical abuse.
- Violence is committed by spouse.
- Terms such as *wife abuse*, *wife beating*, and *wife battering* were used.
- Include all acts of physical, sexual, psychological and economic violence.
- Domestic violence is violence or abuse by one person towards other, in relation to marital or conjugal life.
- Also applies to heterosexual or same sex relationships.
- Domestic violence involve violence against children, parents and also elderly members of family.
Against men:

- Domestic violence covers a broad range of violent acts committed by one member of a family or household against another.
- It also takes place against men of the family. (a recent death of husband along with his two children)
- For every 14.6 seconds ONE man is severely assaulted by his wife or girl friend.
- 40% of Domestic violence's are suffered by men
- Men keep calm against this violence to protect their pride in society.
- Domestic violence against men only gets any attention when a celebrity is the victim.
- Common misconception persists that men are always the abuser and women are always the victim.
Against family and children:

- Mistreatment of a child / parent can include not only physical harm, but also threats and verbal, psychological, and sexual abuse.
- Alcohol and drug abuse also play a significant role in many of these cases.
- Not always willfully but in state of intoxication.
- Laws on domestic violence are gender neutral and apply equally to protect family as they do women.
Effect of domestic violence on children:

- Children do perform best in a safe, stable, loving environment.
- Domestic violence and abuse hurts children’s self-esteem.
- Cycle of violence: Children who witness violence between parents may also be at greater risk of being violent in their future relationships.
- Teens who witness abuse may act out in negative ways, such as fighting with family members or skipping school.
- One girl resides at her home who is non-abusive, where 6 girls resides at abusive homes by her father.
Mental cruelty:

• Emotional abuse is any non-physical behavior or attitude that controls, intimidates the other person.

• Constant abusing a person constitutes mental harassment.

• Verbal harassment can humiliate, offend and cause mental anguish.

• What if the home hurts, when you return home after work.

• Make space to understand each other than creating mental humiliation.
What is the situation of girl, if she exposes about her violence to society?

- Shame on ourselves, if aren’t in the space to receive the problem of another human.
- People share not to seek advices, and want to listen the violence against them.
- Parents and sisters fail in motivating them into survival of life, which often leads to suicide by victim.
- The society too abuses which kills her confidence.
- Don’t be pity on them rather fill up bravery and individuality.
- Don’t immediately be conclusive on hearing the violence over them.
Why do people stay in abusive relationships?

- Emotional abuse destroys your self-esteem, making it feel impossible to start fresh.
- Society normalizes unhealthy behavior so people may not understand that their relationship is abusive.
- After every abusive incident comes a make-up honeymoon phase.
- It’s dangerous to leave. Like, VERY dangerous.
- Society perpetuates a ride-or-die mindset.

The Cycle of Abuse

- Why People Stay in Abusive Relationships
  - Love
  - Emotional dependency
  - Commitment to the relationship
  - Hope
  - View of violence as legitimate
  - Guilt
  - Fear
  - Economic dependence
  - Isolation
• They feel personally responsible for their partner or their behavior.
• They believe that if they stick it out, things might change.
• There is social pressure to be in a perfect relationship.
• Fear of how others will react.
• They share a life together because of children.
• Not to make it worse even before.
• the families may insist to stay back into the relation.
Is Penalty a remedy? Or divorce? A Loud “NO”

• Domestic violence act, 2005 is primarily for protection of victims and not to penalize.
• Divorce never suppress the issue of violence, it causes greater harm of humiliation.
• Divorce – A nightmare for a wedded couple.
• Use the Civil Courts to Your Advantage and not the criminal charges.
• At the end, both the partners end up in a capacity of wife and husband.
• Criminal charges increase the rivalry in the family.
Redressal actions through Statutes:

• Criminal charges – u/s 498 of IPC
  *shall be punished with imprisonment of either description for a term which may extend to two years, or with fine, or with both.

Civil liability:
• Domestic violence protection Act, 2005 for protection orders by magistrate.
• Divorce under Family Law for cruelty.
Do we speak out, if we are a victim? A loud No

- Awareness in the society is the only preventive matter.
- u/s 11(a) of Domestic Violence Act, 2005 - the provisions of this Act are given wide publicity through public media including the television, radio and the print media at regular intervals
- the Central Government and State Government officers including the police officers and the members of the judicial services are given periodic sensitization and awareness training on the issues addressed by this Act;
- Campaigns to be carried on by NGO’S and government institutions, welfare homes.
• Lets unite, work together and make the count to least.
• Let aware the people before they fall in harm.
• Premarital counselling is a MUST
• Lets advertise through social media make them clear.
• The campaign is just like the CC Cam, which doesn’t eradicate the problem from its roots but surely prevents the issue to decrease the victim count.

- JAI HIND
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